



# MINDFULNESS COACHING SCHOOL

[www.MindfulnessCoachingSchool.com](http://www.MindfulnessCoachingSchool.com)

**ACTP** Accredited Coach Training Program  
International Coach Federation

Join mindfulness practitioners from around the world for lively and contemplative online classes, for coaches and non-coaches alike!

**Register online or call us at +1.505.906.6700**

“MCS was the school for me from the first phone call. Their priority was to help me build a solid foundation in mindfulness while becoming an intuitive and skillful coach.

I now embrace a daily meditation practice that grounds me in the present, and supports me and my clients in actualizing our dreams.

People are in awe when I tell them I coach clients from Beijing, Beirut, Madrid, North America - it's a global community!”

– Sue Shibley, *Apprentice Coach*

